## FIR, BALSAM

Fir, Balsam is refreshing, invigorating, stimulating, strengthening, and commonly used in aromatherapy baths to revive tired muscles. This invigorating oil is recognized for massaging the aches out of muscles and bones. It is wonderful for helping with the respiratory system. A back massage with this oil followed by a warm

compress will give you soothing stress relief and is a prelude to refreshing dreams that can restore your mind and emotions.\*

Fir, Balsam abies balsamea Canada Item# 67018 - 10 ml